

Emergency 000

You can also call 112 from your mobile or 106 for TTY services

Tweed Heads

Police Station

(www.facebook.com/TweedByronLAC)
50 Recreation St
Tweed Heads 2485
07 5536 0999

Crime Stoppers

(www.crimestoppers.com.au)
1800 333 000

Police

Assistance Line

(non-emergency)
131 444

SES (State

Emergency Services)

For emergency help in floods and storms
132 500

Visit your local NHW Facebook page for updates

(on.fb.me/TweedHeadsWestNHW)



Tweed Heads West NHW Newsletter printing expenses kindly donated by Seagulls Club



NEWSLETTER May
2014 Edition

Neighbourhood Watch Area 3 Tweed Heads West

Area Coordinator:
Secretary:
Treasurer:

Peter Sibilant (0404 058 676)
Pam Murphy (07 5599 9692)
Rhonda Miller (07 5536 4515)

www.TweedNeighbourhoodWatch.org.au

Next Community Meeting

Tuesday 20 May 2014

7:00pm-8:00pm at **SEAGULLS CLUB** in The Pelican (darts) room

"Hi Neighbour! Welcome to the community"

Neighbourhood Watch Groups of the Tweed Valley are participating in the "Hi Neighbour - Welcome to the Community" programme.

The programme is targeted at new residents to our area, to inform them of Neighbourhood Watch in Tweed Heads West. A special information pack has been put together to be delivered to new residents.

If you are or have a new neighbour, and would like to be provided with the information pack, ring our area Coordinator Peter on **0404 058 676** for a welcome pack which contains Neighbourhood Watch stickers and letterbox plates.

Important note: If you would like a Neighbourhood Watch sticker and letterbox plate please attend the next meeting and we will ensure some are available on the evening. If you cannot attend the meeting please call Peter at the above number to arrange delivery.

Not knowing how to spot a scam or fraud attempt is the easiest method to part you from your cash.

Two of the latest scams involve phone calls from scammers posing as Telstra staff claiming you have a problem with your

internet connection or computer. The other are scammers posing as QANTAS staff claiming they've won a flight or credit towards their next holiday. Read up on the latest scams on the ACCC ScamWatch website.

Visit www.SCAMWATCH.gov.au and stay one step ahead

Are you a victim of domestic violence? Help is available.

It is the most underreported of crimes because the perpetrator knows the victim intimately through a long-term, close or developing relationship. The perpetrator relies on developing, during the early stages, a strong bond through friendship, love, trust and loyalty to create a high degree of co-dependence. The underlying behavioural traits of power and control are then employed as tactics to commit the crime. The NSW Police Force will respond to all reports of domestic and family violence and pursue the perpetrators to hold them accountable for their 'criminal behaviour' under NSW law, by placing them before the courts.

** Readers seeking support and information about domestic violence prevention can contact 1800RESPECT on 1800 737 732 or visit www.1800respect.org.au or www.bit.ly/StopDomesticViolence

Seagulls Puts You In The Driver's Seat

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Coordinator's Report

***The only way to reduce crime in the community is by being an essential part of the solution.
See it. Report it.***

Available crime incident statistics for January to March 2014

Assault: 25 incidents over the period.

Break and Enter: 3 incidents over the period.

Stolen Vehicles: 3 incidents over the period.

Stealing: 4 incidents over the period.

Malicious Damage: 11 incidents over the period.

Fraud: 1 incident over the period

Why Neighbourhood Watch?

Neighbourhood Watch works towards a safer community. It helps to:

- ◆ Reduce crime in your community
- ◆ Improve communication between yourself, police and your neighbours
- ◆ Encourage the reporting of crime and suspicious activity to police
- ◆ Improve the quality of information provided to police
- ◆ Assist police to improve and maintain personal safety and household security within the community
- ◆ Deter criminal activity by increasing the probability of apprehension

Home Security. Is your home secure enough?

14 easy steps for improving your home security. Do one each day for the next 2 weeks and improve your chances of not being made a target.

- ◆ Make certain all doors and windows are locked or have security screens. Even if you're at home.
- ◆ Install deadlocks on all external doors. If you're not a DIY wiz then contact a licensed locksmith.
- ◆ Change locks or cylinders when you move into a new home.
- ◆ Install a door peep-hole to check unexpected visitors. Ensure your outdoor lighting is operational.
- ◆ Have good exterior lighting under eaves. Outdoor solar or mains powered sensor lights are ideal.
- ◆ Keep your hedges trimmed low. Don't offer hiding places.
- ◆ Don't leave tools or items in unlocked sheds. Ensure they are secured to a cement slab and are padlocked.
- ◆ Photograph and document your paintings, antiques and other items of value that don't have serial numbers.
- ◆ Make a note of the serial number, make, model and purchase date of all your home appliances.
- ◆ Engrave valuables with your driver's licence number or another form of ID. We have an engraver you can borrow.
- ◆ Do not put your address or personal identification on a key ring.
- ◆ Don't leave notes on your door. Even if you think you'll be gone for 5 minutes.
- ◆ Stand outside your home and see what you can see through the windows. If you see items of value then so can potential thieves.
- ◆ Know your neighbours. These are the people who will let you know if someone was seen snooping around your home when you weren't there or if there is an emergency. Aim to be that good neighbour because you'll never know when you may need one in return.

Mental Health Services

Mental health issues affect everyone and cover a range of categories and severity. From dementia and depression through to drug/alcohol dependency and psychosis. But help is available for those seeking answers or treatment.

If you or someone you know need assistance there are several organisations that can help. These are;

MHSA (Mental Health Services in Australia): 02 6244 1000 - mhsa.aihw.gov.au

Beyond Blue: 1300 22 4636 - www.beyondblue.org.au

Headspace (youth orientated services): 03 9027 0100 - www.headspace.org.au

Lifeline: 13 11 14 - www.lifeline.org.au and

Kids Help Line: 1800 55 1800 - www.kidshelpline.com.au

